

Downtown Senior Center Activities

June 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00 Breakfast 11:30 Lunch 12:30 Cribbage 1:00 Yarn Group 2:00 Birthday Party	3 9:00 Breakfast 10:30 Horse Racing 11:30 Lunch 12:30-2:30 Bingo	4 9:00 Breakfast 10:00 Dominoes 11:30 Lunch 1:00 Craft Hour	5 9:00 Breakfast 10:30 Horse Racing 11:30 Lunch 12:30-2:30 Bingo	6 9:00 Breakfast 11:00 Healthy Eating Group 11:30 Lunch 12:00 Exercise Video 12:45 Movie: Duplex
9 9:00 Breakfast 11:30 Lunch 12:30 Cribbage 1:00 Yarn Group	10 9:00 Breakfast 10:30 Horse Racing 11:30 Lunch 12:30-2:30 Bingo	11 9:00 Breakfast 10:00 Dominoes 11:30 Lunch 1:30 "Dirtiest Places in Your Home" Seminar	12 9:00 Breakfast 10:30 - 12 Wellness Clinic by Bayada 11:30 Lunch 12:30-2:30 Bingo	13 9:00 Breakfast 11:00 Healthy Eating Group 11:30 Lunch 12:00 Exercise Video 12:45 Movie: Ghostbusters
16 9:00 Breakfast 11:30 Lunch 12:30 Cribbage 1:00 Yarn Group 3:00 Father's Day Celebration	17 9:00 Breakfast 10:30 Horse Racing 11:30 Lunch 12:30-2:30 Bingo	18 9:00 Breakfast 10:00 Dominoes 11:30 Lunch 1:00 Craft Hour	19 9:00 Breakfast 10:30 Horse Racing 11:30 Lunch 12:30-2:30 Bingo	20 9:00 Breakfast 11:00 Healthy Eating Group 11:30 Lunch 12:00 Exercise Video 12:45 Movie: Paul Blart, Mall Cop
23 9:00 Breakfast 11:30 Lunch 12:30 Cribbage 1:00 Yarn Group	24 9:00 Breakfast 10:30 Horse Racing 11:30 Lunch 12:30-2:30 Bingo	25 9:00 Breakfast 10:00 Dominoes 10:30 Manicures 11:30 Lunch 1:00 Craft Hour	26 9:00 Breakfast 10:30 Horse Racing 11:30 Lunch 12:30-2:30 Bingo	27 9:00 Breakfast 11:00 Healthy Eating Group 11:30 Lunch 12:00 Exercise Video 12:45 Movie: Underdog
30 9:00 Breakfast 11:30 Lunch 12:30 Cribbage 1:00 Yarn Group 4:00 Blood Pressure Screenings				

**If you have ANY questions or concerns, please contact Jordan Duarte
Downtown Senior Center Coordinator
508.991.6255**