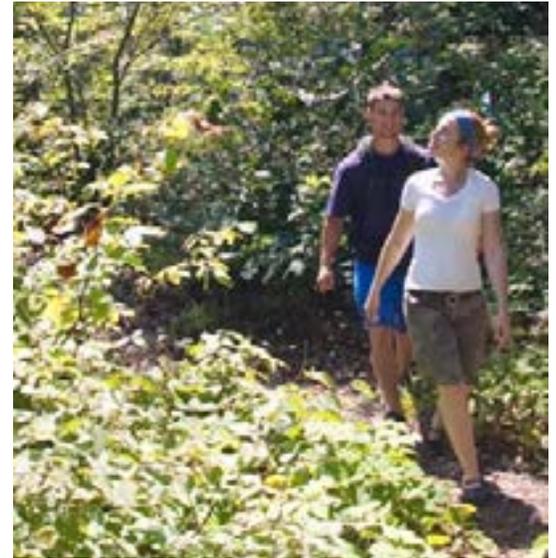


# Paths and Trails

## Discover New Bedford and stay fit on our bicycle and walking paths or exploring a city nature trail.

Join the many folks who daily walk the paths around parks throughout the city. This is a great way to stay fit in the great outdoors right in your neighborhood. Walking has many health benefits and is easy to do requiring no special equipment.



The New Bedford Bike Committee bicycle tourism map has all the current bike lanes, and racks and the various attractions nearby in New Bedford.

The New Bedford Bike Committee is a community organization that advocates and increases awareness for bicyclists in the city of New Bedford who use their bike for transportation and recreational activities. They hope to connect all of New Bedford by bike, allowing for a safe and enjoyable mode of transportation. Become a bicycling advocate and attend monthly meetings every third Wednesday from 6 - 7pm. Locations vary throughout the city but are posted on Facebook at [www.facebook.com/NewBedfordBicycleCommittee](http://www.facebook.com/NewBedfordBicycleCommittee). The New Bedford Bike Committee also hosts group fitness rides the 4<sup>th</sup> Wednesday of the month with varying routes. All levels are welcome and all routes are posted on Facebook.

Explore our great Nature Trails this spring and summer right here in the City of New Bedford!

Kids love to explore nature and find it fascinating if given the opportunity. Wildlife can be found all around if you are observant. Use your five senses to discover new habitats. Observe the change in seasons up close as you hike the trails and become familiar with the plants and animals that live there. The **Flora B. Pierce Trail** off New Plainville Rd. was adopted this summer by the Trustees of Reservation's Youth Corp. They added boardwalks and cleared trails to enhance your experience. Boy Scout Troop 70 of New Bedford adopted the **Ricketson Nature Trails** at Brooklawn Park to improve these new urban Nature Trails.