**NEW BEDFORD**
**Parks, Recreation & Beaches**

# 2016 SPRING-SUMMER CATALOG

**SIGN UP NOW!**
**PROGRAMS FILL UP FAST!**

## WHAT'S NEW?

- Play in the Park and Summer Food Service Program
- Kennedy Summer Day Program
- Vacation Camp
- Summer Events in New Bedford
- New Science Programs

**www.newbedford-ma.gov/parks-recreation-beaches**

**For real time updates follow us on Facebook / www.facebook.com/NBParksRecreationBeaches**

FROM THE MAYOR OF NEW BEDFORD

## Welcome!

Welcome to another season full of fun activities in New Bedford! The Parks, Recreation & Beaches Department is dedicated to enhancing the quality of life of all city residents. The Department provides year-round recreational and educational programs in an environment that is safe and supportive for both youth and adults to explore their talents, build self-esteem, and empower healthy living. We pride ourselves on the quality of our services, and we hope you and your family take advantage of all that the City has to offer.

Jon Mitchell, Mayor

FROM THE EXECUTIVE DIRECTOR

## Welcome!

Our parks, sporting fields, and community centers are places where we come together as a community to celebrate, explore new experiences and support healthy habits. You won't be disappointed at the many great events planned for this spring and summer.

Of course, all of our most popular summer programs are back, including Play in the Park Summer Food, Kennedy Summer Day, and Youth United basketball. This year the Third Annual Family Field Day will be held on Friday, August 19, 11-3 pm at Riverside Park. This popular event features relays, challenges, a free lunch, and other fun for the family at no cost. Come out and see what the excitement is about. Returning this spring, we will be offering Lego Robotics for our future engineers. As for our future med students, Med School will be added to our roster for summer youth programming.

Looking to beat the summer heat? We have great beaches on Clark's Point for swimming and fun, and splash pads in neighborhood parks around the city. Check out our Parks page for a full listing of our outdoor offerings.

We appreciate your feedback and ideas. Please reach out to us with suggestions for programs and improvements. We are here to serve you.

For information about these programs and many more, Look Inside! We hope to see you at one of our parks or programs.

*Mary S. Rapoza, Director Parks Recreation & Beaches*

## The Board of Park Commissioners of the City of New Bedford

*Welcome!*

## Table of Contents


Play in the Park Summer Food Program ..... x
Park amenities and summer lunch locations ..... x
Kennedy Summer Day Program ..... x
New Bedford Beaches ..... x
Looking back to Summer 2015 ..... x
Andrea McCoy Recreation Center Programming ..... x
City Events / AHA ..... x
Membership/Registration Form ..... x
Tourism ..... x
Parks/Paths ..... x
Scholarship information/ Beach Passes, DCR passes.. x


## Contacts Us

Telephone ..... 508-961-3015
Mary Rapoza, Director of Parks, Recreation & Beaches ..... ext 67441
Alexandrea Matthews, Education Coordinator ..... ext 6443
India Russell-Pena, Recreation Program Manager ..... ext 67448
Shawnie Reynolds, Clerk/Typist ..... ext 67440
Andrea McCoy Recreation Center ..... 508-991-6298

**Weather Cancellations**

For information on weather cancellations please check the New Bedford, Parks, Recreation & Beaches Facebook page at **www.facebook.com/NBParksRecreationBeaches.**

## Our Mission

The Parks Recreation & Beaches Department is dedicated to planning, implementing, and supervising recreational, educational and cultural activities designed to enhance and improve the quality of life for all city residents. Our office promotes the engagement in and constructive use of all open and recreational spaces by the residents of the City of New Bedford and provides safe, well-maintained, and aesthetically pleasing parks, playgrounds, and outdoor recreation facilities. The City of New Bedford Parks Recreation and Beaches works in collaboration with other city departments to accomplish this mission while preserving our natural resources, promoting conservation, and educating city residents on our natural environment.

The department provides year–round recreational and educational programs for New Bedford residents in an environment that is safe and supportive for both youth and adults to explore their talents, build self esteem and empower healthy decision making. The health and wellness of people in New Bedford is dependent upon our recreational facilities, natural resources, and opportunities. The positive experience of this engagement enriches and strengthens the fabric of our community for today and the future.

# City of New Bedford Parks and Playgrounds

| PARK NAME | WALKING | PICNIC AREA | TENNIS | BASKETBALL | RECREATION FIELDS | COMMUNITY CENTER | NATURE PATHS | SPLASH PAD | PLAYGROUND | PLAY PARK |
|---|---|---|---|---|---|---|---|---|---|---|
| Ashley Park | x | x | | | x | x | | x | x | x |
| Baby Kenney Tot Lot | x | | | | | | | | x | |
| Beauregard-Pina Playground | x | | | | | | | | x | |
| Ben Rose Field | x | | | | x | | | x | | |
| Bonney St. Playground | x | | | | | | | | x | |
| Brooklawn Park | x | x | x | x | x | x | x | x | x | x |
| Buttonwood Park | x | x | x | x | x | x | x | | x | x |
| Camara Field | | | | | x | | | | | |
| Clasky Common Park | x | x | | x | | | | x | x | x |
| Custon House Square | x | x | | | | | | | | |
| Eddie James Playground | x | x | | x | | | | | x | x |
| Flora B.Pierce Nature Trial | x | | | | | | x | | | |
| Fort Taber Park | x | x | | | | x | x | | x | |
| Gomes School Park | x | x | | x | x | | | | x | x |
| Harrington Park | x | x | | x | | | | x | x | x |
| Hazelwood Park | x | x | x | x | | x | | | x | |
| Loretta Borque Park | x | | | | | | | | | |
| Magnett Park | x | | x | x | | | | | x | x |
| Marine Park at Pope's Island | x | | | | | | | | x | |
| Monte Park | x | x | | x | | | | | x | x |
| Pine Hill Park | x | | | x | | | | | x | |
| Pulaski Park | x | | | x | | | x | | | |
| River's End Park | x | | | | | | | | x | x |
| Riverside Park | x | x | | x | x | | x | x | x | x |
| Roberto Clemente Park | x | x | | x | | | | | | x |
| Ruth St Common | x | x | | | | | | | x | x |
| Victory Park | x | | | | x | x | x | | | |
| Washburn Park | x | | | x | | | | | x | |
| Washington Square | x | | | | | | | | | |
| West End Playground | x | x | | x | | | | | x | |

## City of New Bedford Rules and Regulations for City Parks and Playgrounds

This beautiful public space is yours to enjoy for relaxation and recreation. Please respect others and keep our park clean. Parks and playgrounds are open dawn to dusk.

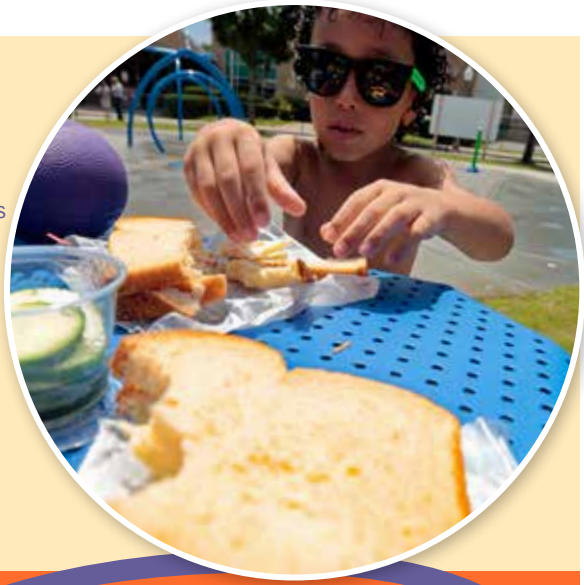
**PROHIBITED ACTIVITIES:**

- Use of or possession of alcohol or illegal drugs
- Use of vulgar or threatening language
- Operation of unauthorized vehicles on park property
- Parking on the lawn
- Bicycles on the lawn
- Dumping or littering
- Vandalism of a tree, plant, or park structure
- Unleashed animals or any animal within 100 ft of a recreational area
- Fires, fireworks, or firearms of any kind
- Feeding birds or wildlife
- Use of metal detectors without a permit
- Golfing
- Smoking
- Performances, solicitations, or commercial activity without license from Parks, Recreation & Beaches
- Use of the park after it is closed
- Skateboarding except where indicated
- Sleeping

# PLAY IN THE PARK
## & SUMMER FOOD PROGRAM

**FREE FOOD, FREE FUN ALL SUMMER LONG! WE'RE HERE RAIN OR SHINE!**

Food that's in when school is out! Kids 18 and younger are welcome to join us for a free healthy lunch Monday through Friday, starting the week after school ends through August 26. From 11 a.m. to 2 p.m. kids can enjoy a free meal and play games, sports and other activities with our Play in the Park staff at any of our 24 locations throughout the city



**Scheduled to begin, Tuesday, July 5th.**
**Kick Off Event Dates:**
**Wednesday, July 6, 2016 at the Gomes School Park**
**& Friday, July 8, 2016 at Riverside Park 11am - 3pm**

**Food that's in when school is out.**
Join us at one of the following locations for nutritious meals along with games, special events and fun!

**LOOKING FOR A SUMMER JOB?**
Help out the community and join our team! Applications for Play in the Park and the Summer Food Program are available March 1st at the Parks, Recreation & Beaches office 181 Hillman St. New Bedford

**Andrea McCoy Recreation Center**
**Blue Meadows**
**Brickenwood**
**Dottin Place**
**Harmony Community Garden**
**Parkdale**
**Presidential Heights**
**Satellite Village**
**Shawmut Village**
**West Beaches Pavilion** *(Open in place of Hazelwood Park)*
**Westlawn Housing**

***DURING BAD WEATHER WE WILL STILL PROVIDE MEALS AT FIVE SITES:***
**Andrea McCoy Recreation Center, Brooklawn Park, Montes Park, Riverside Park, West Beach Pavilion**

** ALL LUNCH SITES ARE SUBJECT TO CHANGE*

**For more information call (508) 961-3015**

Like us on Facebook – New Bedford Parks, Recreation and Beaches

USDA · Massachusetts Department of Elementary and Secondary Education · CNOP · Project Bread – A Fresh Approach to Ending Hunger

# Looking for a fun and educational experience for your child this summer?

# Try the Kennedy Summer Day Program!

Kennedy SUMMER DAY PROGRAM

**An immersive experience with hands-on learning, arts and crafts, games, sports, swimming and more at a very low cost.**

The Kennedy Summer Day Program operates out of beautiful Fort Taber Park and includes breakfast, lunch and transportation. This program is open to children who are eligible for kindergarten in September of 2016 through age fourteen. Some of the Camp Kennedy activities include:

- **Swimming at the beach**
- **Boating**
- **Nature programs**
- **Sports**
- **Arts and crafts**
- **Exciting field trips and more!**

SESSION 1: JULY 5-15
SESSION 2: JULY 18-29
SESSION 3: AUGUST 1-12
SESSION 4: AUGUST 15-26

*Financial aid is subject to availability and for New Bedford residents only.*

Applications are available beginning March 1st on the Parks, Recreation & Beaches website or at our office at 181 Hillman St. New Bedford

**WANT A FUN SUMMER JOB WORKING WITH KIDS?**

CAMP KENNEDY IS HIRING FOR SUMMER JOBS!

# Beaches

## Spend some time in the sand!

Enjoy New Bedford's public beaches on scenic Clark's Point. Beaches are guarded by a professional waterfront team from the last weekend in June through Labor Day weekend. Come on down and enjoy the sand, the sun, and all of the fun!

### FREE Swim Lessons

Our waterfront staff will be offering swimming lessons at Fort Taber Beach starting July 6th through August 21st. Lessons will be offered for both youth and adult beginner swimmers. **Pre-registration is required, call us for times and dates.**

**Dates beaches are guarded and parking passes are required June 25, 2016 through Sept. 5, 2016**

### East Beach (East Rodney French Blvd.)

New Bedford is blessed with clean, safe, family friendly beaches. Come and enjoy the sparkling waters and sun bathe on the sandy shores at East Beach which is also home to our new improved beach volleyball courts as well as the newly formed Adult Recreation Beach Volleyball League.

### West Beach (West Rodney French Blvd.)

West Beach is a swimmers paradise with a fully accessible pavilion providing shade, cool breezes, beautiful sunsets and a fully accessible bathhouse.

### Beach at Fort Taber Park

Fort Taber beach boasts sweeping views of New Bedford Harbor on the backdrop of historic, beautiful Fort Taber Park. Sit with your toes in the sand or take a walk throughout the park to enjoy the incoming boats from our working waterfront, the wide-array of wildlife, and the park's historic nature. Fort Taber is home to many special events throughout the season.

### Beach Parking Program

Throughout the summer, the City of New Bedford hosts a beach parking program at West Beach, Gaudreau Memorial Beach at East Beach and Fort Taber Beaches. The program requires residents and non-residents to acquire a seasonal parking pass or pay a daily rate for parking. Daily parking permits can be acquired on site during the season.

**SEASONAL PASSES ARE AVAILABLE AT THE FOLLOWING LOCATIONS:**

**Parks Recreation and Beaches**
**Administrative Offices**
**181 Hillman St.**
**New Bedford, MA 02740**

**City Clerk's Office**
**133 Williams St.**
**New Bedford, Ma 02740**

# LOOKING BACK!

# Andrea McCoy Recreation Center

## Welcome back for another season of play and fun!

Each season the Andrea McCoy Recreation Center strives to meet the needs of our community. This season, we have added a number of Science based programs to our roster. We have also included dates for some of our upcoming programs and annual one day events, such as the Parks and Recreation Family Field Day. Check out listings from some of our community partners and start planning for summer fun. Look through this brochure for event dates and registration information.

**Have more questions?** Contact the Andrea McCoy Recreation Center or the Department of Parks, Recreation & Beaches by calling (508)961-3015.
India Russell-Pena, Recreation Program Manager
India.russell@newbedford-ma.gov

**Memberships are FREE for all New Bedford residents.**
**Find out what we have been working on for you!**

## LET'S MOVE BEYOND THE BELL – AFTERSCHOOL PROGRAM

The Andrea McCoy Recreation Center offers an afterschool program for families interested in sending their children somewhere safe and fun during the afterschool hours. The afterschool program includes home work assistance, snack, and active play with a Parks, Recreation & Beaches afterschool employee. Children will enjoy games, arts, crafts, and will be given full access to the Enrichment Center computer laboratory.

**The session runs Monday – Friday**
Time: 3pm – 5pm Monday-Thursday; 1pm – 5pm Fridays
Spring Session: Monday, March 28 –Friday, June 17 (11 weeks)
Fall Session: Monday, September 12 – Friday, October 5 (10 weeks)
There will not be programming on non-school days.
Fee: $40.00 per week or $350 for 10 weeks

## VACATION CAMP

Vacation camps are a fun way to keep your children active and learning while school is out of session. Movies, field trips, games, and crafts are only a few of the many ways that we entertain your youngsters. Light breakfast and lunch will be served daily. Drop-off time is 8:00am sharp, and pick up time is 4:00pm. An additional fee of $5.00 for every 5 minutes late will be charged for tardiness at pick up time. Ask a recreational professional about our Summer Vacation Camps.
Spaces fill up quickly!

**Register today, and keep an eye out for our great Black Friday Deals.**
April Vacation Camp - April 18, 2016 – April 22, 2016
Time: 8am – 4pm
Location: Andrea McCoy Recreation Center
181 Hillman Street
New Bedford, MA 02740
Fee: $120.00 per member/ $160.00 for non-residents
Sibling discount*: $50% discount for one additional child registered at the same time.
At time of registration, ask about permission slips. Please notify staff of any medical requirements.

## Birthday Parties

The Andrea McCoy Recreation Center is now offering birthday party packages to make your big day special. Work with a Parks and Recreation professional to coordinate your custom birthday party theme. Choose an athletics theme, arts & crafts theme, or videos game theme. Cost will be accessed according to needs.

**Want to coordinate your own function? Rent the space.**
The Andrea McCoy Recreation Center offers a variety of rental options and competitive pricing. Give us a call and see how we can help you. 508-991-6298

*All events must be scheduled at least 30 days before the date of the event.*

## LOOKING FOR A PLACE TO HOST YOUR NEXT FUNCTION?

The Andrea McCoy Recreation Center is available for rental. Choose our new function room or the gym for your next event.
**Call (508) 991- 6298 for more information on availability and rates.**

**Internship and Volunteer Opportunities**
Email: India.russell@newbedford-ma.gov
India Russell-Pena, Recreation Center Manager

# Youth

### Kenpo Karate for Self-Defense

Instructor: Donna Bosworth
Students will learn defensive techniques against grabs, pushes, punches, kicks and holds. This class will be taught by 3rd Degree Black Belt and 2013 Creative Weapons World Champion Donna Bosworth of Dan Donofro's World Class Kenpo Karate Academy.
Day: Tuesday
Times: 5pm – 6pm
Ages: 6 to adult
Fee: $30 members/ $40 non-residents
Session Dates: Session 1: March 1 – April 5
Session 2: April 19 – May 24
Session 3: June 7– July 12
Session 4: July 19 – August 23

### Floor Gymnastics

Instructor: Diane Hodge
Students will learn the proper techniques used at the beginner levels of the sport and progress through to more advanced levels.
Day: Thursdays
Times: 5pm – 6pm
Ages: 6-12
Fee: $60 members/ $70 non-residents
Session Dates: Session 1: March 3 – April 7
Session 2: April 21 – May 26
Session 3: June 9 – July 14
Session 4: July 21 – August 25

### Tonka's Tumblers

Instructor: Toi Fortes
Tonka's Tumblers is a tumbling program that will instruct participant's ages 3 to 18 proper tumbling technique. With over 50 years experience, instructor Antone "Toi" Fortes is safety certified, First Aid certifies, and CPR certified. This program is designed to keep children active and involved and provide a positive environment for growth and development. Payments for this program are to be made directly to Mr. Fortes.
Day: Wednesday
Times: 5:30pm - 7:30pm
Ages: 3 to 18
Duration: Weekly
Fee: $5.00 Walk-in

### Homeschoolers Karate

Instructor: Donna Bosworth
Students will learn defensive techniques against grabs, pushes, punches, kicks and holds. This class will be taught by 3rd Degree Black Belt and 2013 Creative Weapons World Champion Donna Bosworth of Dan Donfro's World Class Kenpo Karate Academy.
Day: Thursdays
Times: 12am – 1pm
Ages: 6-15
Fee: $30 members / $40 non-residents
Session Dates: TBD

### Recreation Fridays

Every second Friday of the month, the Andrea McCoy Recreation Center will open up its doors to family and friends looking for a fun and safe place to have a great time. From 4 – 6:30 pm, the Enrichment Center will offer group activities, games, crafts, movies, and prizes. In the gym, friendly athletics competitions will be held. Stay tuned for program demonstrations, snacks and surprise visitors.
DAY: 2ND FRIDAY OF EACH MONTH (DURING SCHOOL YEAR ONLY).
TIMES: 4PM – 6:30PM
AGES: ALL AGES
FEE: FREE WITH MEMBERSHIP

### Community Boating

**I. Build a pinewood sailboat and sail it in a pond, tub lake or ocean.**
Days: Monday, Wednesday, and Thursday
Time: 1 – 2:30 pm, for four 1 ½ hour classes
Ages: 9 and up
Fee: $40
**II. Build a remotely operated underwater vehicle and test it.** Builders will have the opportunity to "fly" the machine underwater after project completion.
Day: March 2 – March 17
Time: TBA
Ages: 12 and up
Fee: $137 per student.

### Lego Robotics

LEGO Robotics introduces kids to robotics programming. Kids create bots with motors and sensors and program them on our own computers. There are lots of challenges to engage budding techies.
Day: Beginning Tuesday, March 8th, 2016
Time: 6pm – 7pm
Ages: 8 -13
Fee: $100 resident/ $120 non-resident

### Discovery Lab

Six of our favorite science lessons wrapped up into one fun-filled program! Explore the Earth by making Mesozoic volcanoes and dive into the ocean to coral reefs. Get electrified creating simple circuits and become a chemist to make rainbow slime. Each week we'll get into fun science and engineering challenges — all tried and true favorites!
Day: Beginning Thursday, March 10th, 2016
Time: 6pm – 7pm
Ages: 8 -13
Fee: $100 resident/ $120 non-resident

### Wicked Cool Med School

New! Is there a doctor in the house? Future doctors will follow the progress of their own "patient" all week as we journey into the inner workings of the human body. Keep medical charts and become anatomy specialists while learning the body systems. We'll create model organs like big bones, moving joints, and working lungs for our patient. In this class, we will learn to use a stethoscope,

how to take vitals signs, and how to incorporate healthy habits into our lives to keep in tip top shape! Entering grades 1-5, full-day only.
Day: July 18, 2016
Time: 8am – 4pm
Grades: 1-5
Fee - $280.00 residents / $300 non- residents

### Mine Craft Mania

Minecraft Mania is a blend of virtual learning and companion hands-on activities that explore science and engineering using Minecraft. Use an interactive avatar to investigate a game based educational environment. Minecraft Mania lessons have both computer and real world components covering geology, engineering, physics, and biology. Serious Minecraft Maniacs will be excited to learn about the properties of rocks and minerals and take home their own rock collection. We'll use our skills to build skyscrapers and simple machines as well as plant our own crops in enjoyable experiential challenges. Join us for a week of fascination in our Minecraft classroom! Entering grades 1-5, full-day only.
Day: July 25, 2016
Time: 8am – 4pm
Grades: 1-5
Fee - $300.00 residents / $320 non- residents

### Youth Tennis I

Let's hit the courts! Sign your child up to learn the fundamentals skills required to play tennis. Rackets and balls will be provided for this 1.5 hr group training. Kids will learn to serve, swing, and play like the little champions that they are. Space is limited.
Day: Beginning Saturday, June 11, 2016
Time: 10 am-11:30 am
Ages: 8 -14
Fee: $40 residents/ $60 non-residents

### Youth Tennis II

Continue developing the skills developed in Youth Tennis I with this graduated program.
Day: Beginning Saturday, July 23, 2016
Time: 10 am-11:30 am
Ages: 8 -14
Fee: $40 residents/ $60 non-residents
New Bedford Youth United Summer Basketball League
Join our recreational summer basketball league where youth meet at Buttonwood Park to learn and play the game of basketball. For registration, please contact the Recreation Department or visit the Andrea McCoy Recreation Center.
Days: varied weekdays
Location: Buttonwood Park Basketball Courts
Time: 6pm – 7pm & 7pm- 8pm (Dates and times subject to change)
Starts: Scheduled to begin the first week of July.
Total Cost: $35

### Games

Visit the Andrea McCoy Recreation Center and play some of your favorite, "REC approved" video games.
Day: Daily

### Mentor Mondays

This open gym is designed for mentors and their mentees. From 3 – 4:40 pm on Mondays, the gym will be set for an assortment of group activities. Each Monday will be an alternating program with two activities.
Day: Mondays
Times: 3 pm – 4:40 pm (Extended hours in the summer)
Fee: Free with membership

Times: 3 pm – 5 pm (Extended hours in the summer)
Fee: $1.00 per day. (All participants must have received bracelets at the time of payment.)
Start date: TBA
Location: Andrea McCoy Recreation Center

### Dodge ball

Day: Wednesdays
Times: 3pm – 4pm
Ages: 16 and under
Fee: Free with membership

# Adult

**Andrea McCoy Recreation Center Adult Programming**
Program dates, rates and times are subject to change. Cancellations will be made of programs that do not meet minimum enrollment.

### Yoga for Life
Instructor: Dana Brown
Day: Tuesday
Times: 7:30pm – 8:30pm
Ages: 16 to adult (no children allowed).
Fee: $30 members/ $40 non-residents, Walk-in $7.00
Session Dates: Session 1: March 1 – April 5
Session 2: April 19 – May 24
Session 3: June 7– July 5
Session 4: July 19 – August 24

### Zumba
Instructor: Deolinda Barbosa
Day: Tuesday or Thursday
Times: Tuesday, 6:30-7:30 pm or Thursday 7-8pm: Beginning week of March 1
Ages: 16 to adult (no children allowed)
Fee: Per month option includes one Zumba class day per week for the duration of the agreement.
2 month - $40 residents / $50 non-residents
3 months - $55 residents/ $65 non-residents (Savings of $5.00)
Walk-in - $7.00

### Pilates
Instructor: Donna Bosworth
Day: Thursday
Times: Thursdays 6 – 7 pm
Ages: 16 to adult (no children allowed)
Fee: $30 members/ $40 non-residents, Walk-in $7.00
Class starts the first week of July

### Walk With Ease
The Arthritis Foundation Walk with Ease Program is an exercise program that can reduce pain and improve overall health.
If you can be on your feet for 10 minutes without increased pain, you can have success with Walk with Ease.
Wednesdays @ (West End) Andrea McCoy Recreation Center; 181 Hillman Street, New Bedford, 02740
Times: 9:00am – 10:00am

## Couch to 5K

*Can you see yourself running a 5k?*

*Would you like to become a runner, but do not know where to begin?*

*Have you ever been interested in running with a group, but cannot find interested partners?*

*Have you ever unsuccessfully tried running on your own and quit?*

**Join the Parks, Recreation & Beaches Couch to 5k group and meet like minded individuals looking to start running together. Let us work together as a community to better ourselves.**

ALL FITNESS LEVELS WELCOME AND ENCOURAGED
Access to the Parks, Recreation & Beaches Couch to 5k Facebook Page where you can communicate with participants, arrange meet up locations to go running, share running information, photos, and more.

## Frequent Participant Rewards

Get a punch for every $5.00 spent on eligible recreation programs. Once you hit the , receive a credit for one free walk-in.
*Card must be present at time of class to receive credit.*

***Ask a Parks and Recreation professional how you can get a card!***

# Parks, Recreation & Beaches Events

**February 15 – 19 – February Vacation Camp**

**February 20 – Movie Night – Call for details**

**March 20 – March Madness Tournament – Call for details**

**Thursday, April 14 – Earth Eve & Annual Egg Hunt at AHA!**

Join us for the Annual Earth Eve Procession at 5:30. The procession kicks off by the Public Library on Pleasant St and winds it way around downtown. The Annual Egg Hunt follows from 6:30-7:30pm at Custom House Square on Acushnet Ave and William St.

**Saturday, April 16 – Party for the Planet**

Visit us as we join the Buttonwood Park Zoo and the Association of Zoos & Aquarium's Party for the Party for this Planet this April around Earth Day. Participate in interactive activities, visit exhibitors and have a blast!

**Saturday, May 21 – Third Annual Daniel Ricketson Festival**

10 am until 3 pm. at Brooklawn Park - Join the Department of Parks Recreation & Beaches (PRB), the Brooklawn Park History Society and the Wilks Public Library Branch to celebrate and commemorate Daniel Ricketson, a native New Bedford naturalist and former owner of Brooklawn Park. Learn about the recent archeological dig at the "Shanty" site where Ricketson held gatherings of notable contemporaries including Thoreau and Emerson. Activities include performances; guided nature walks on the trail system at the park, Nature Scavenger Hunts, and much more.

**Friday, May 27, 3-7pm - Football for YOU with the New England Patriot's Alumni**

Free one day non-contact football clinic for Boys and Girls Ages 9-14, all skill levels coached by former Patriot's players. Programs for parents and coaches offered during the football clinic.

**Saturday, June 11 - Get Outdoors Day**

is an annual event to encourage healthy, active outdoor fun. Join our participating partners and us as we offer opportunities for families to experience traditional and non-traditional types of outdoor activities. Prime goals of the day are encouraging visits to green spaces and reconnecting our youth to the great outdoors.

**July 6 & 8 - Play in the Park Summer Food Kick Off 11 – 3pm**

6TH - GOMES PARK PLAYGROUND
8TH - RIVERSIDE PARK
Special guests and activities will help us kick off a summer of fun and free lunches!

**August 19 - Family Field Day**

11 – 3pm Riverside Park

**AHA! www.ahanewbedford.org**

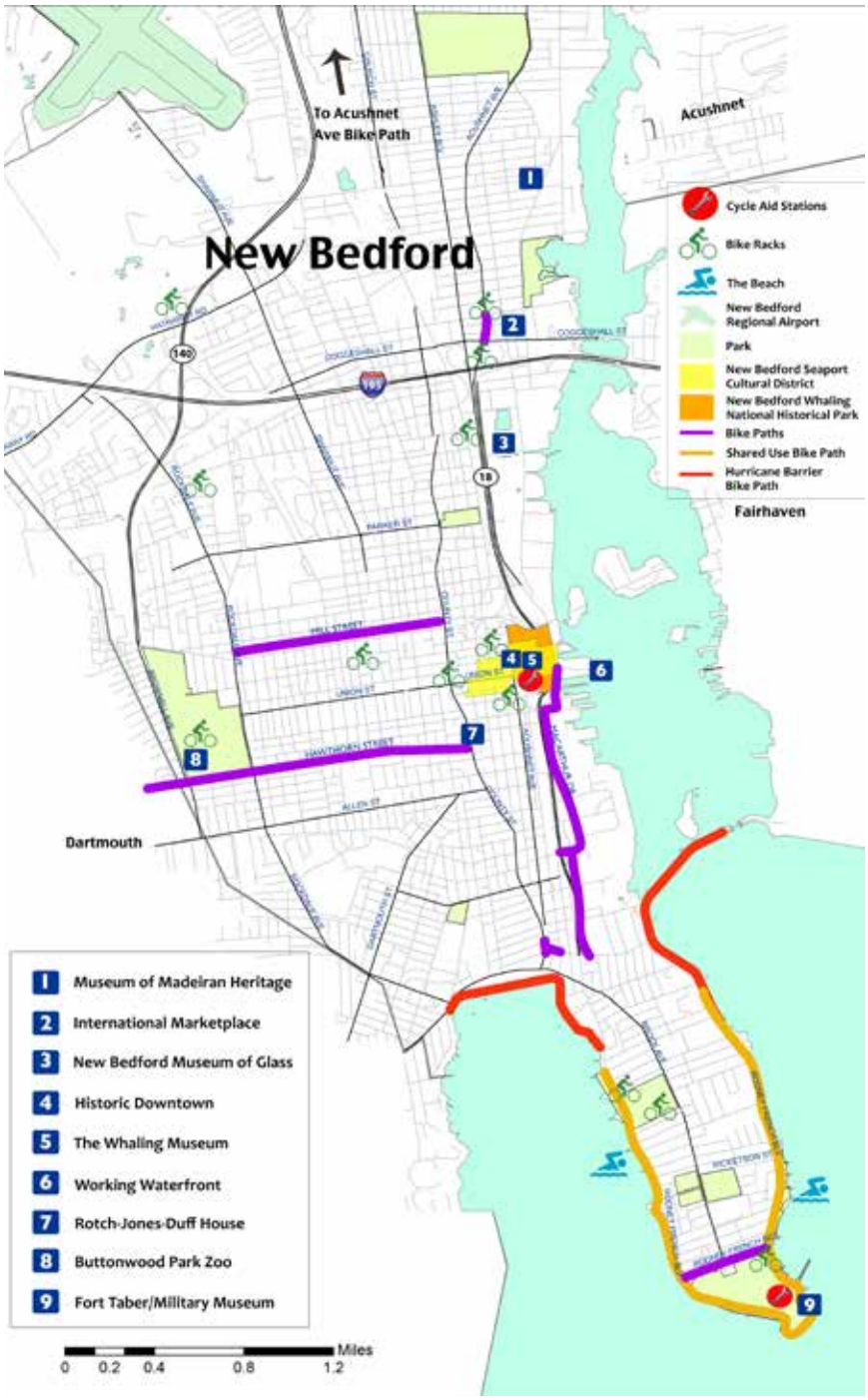
Join us for hands on fun Every 2nd Thursday of the month at AHA! (Art, History and Architecture) Free arts and culture celebration from 5-9pm, Downtown.

| | |
|---|---|
| MARCH 10, 2016 | ALL SEWN UP |
| APRIL 14, 2016 | SUSTAINABLE SOUTHCOAST |
| MAY 12, 2016 | WE ART NB |
| JUNE 9, 2016 | PLACEMAKING NOW & THEN |
| JULY 14, 2016 | KIDS RULE |
| AUGUST 11, 2016 | #FINDYOURPARK |
| SEPTEMBER 8, 2016 | FESTA, FIESTA, FETE: CELEBRATE NB CULTURES |

# Paths and Trails

## Discover New Bedford and stay fit on our bicycle and walking paths or exploring a city nature trail.

Join the many folks who daily walk the paths around parks throughout the city. This is a great way to stay fit in the great outdoors right in your neighborhood. Walking has many health benefits and is easy to do requiring no special equipment.



**The New Bedford Bike Committee bicycle tourism map has all the current bike lanes, and racks and the various attractions nearby in New Bedford.**

The New Bedford Bike Committee is a community organization that advocates and increases awareness for bicyclists in the city of New Bedford who use their bike for transportation and recreational activities. They hope to connect all of New Bedford by bike, allowing for a safe and enjoyable mode of transportation. Become a bicycling advocate and attend monthly meetings every third Wednesday from 6 - 7pm. Locations vary throughout the city but are posted on Facebook at www.facebook.com/NewBedfordBicycleCommittee. The New Bedford Bike Committee also hosts group fitness rides the 4th Wednesday of the month with varying routes. All levels are welcome and all routes are posted on Facebook.

**Explore our great Nature Trails this spring and summer right here in the City of New Bedford!**

Kids love to explore nature and find it fascinating if given the opportunity. Wildlife can be found all around if you are observant. Use your five senses to discover new habitats. Observe the change in seasons up close as you hike the trails and become familiar with the plants and animals that live there. Enjoy the trails at **Flora B. Peirce Nature Trails** on New Plainville Rd, the **Ross. C. Mathieu Trail** at Pulaski Park and the **Ricketson Nature Trail** at Brooklawn Park. We continue to improve these trails with better signage, boardwalks and maintenance to enhance the urban trail experience.

# Parks

## Take a stroll in one of the City's many Beautiful Parks

### Fort Rodman/Taber Park

**Located on S. Rodney French Blvd.**

A 50-acre waterfront park that provides over a mile of ocean frontage located on scenic Clark's Point which projects into Buzzards Bay. The park incorporates historical landmarks, offers many amenities and various opportunities for passive and active recreation. The centerpiece of the park is the historic Fort Rodman, built between 1857 and 1871 as part of the nation's sea coast defense system. The fort is features interpretive signage and a military museum. There is over one mile of walking, jogging or biking paths, natural areas, a beach for bathing, a pier for fishing, a playground, community boating, a youth summer camp, and picnic areas offering panoramic views. The park is handicap accessible. A large multi-purpose lawn allows for cultural programming, such as military reenactments and public concerts.

### Hazelwood Park

**Located on Brock Ave.**

Hazelwood Park is a 23-acre park located on Clark's Point, overlooking scenic Clark's Cove. The park is offers both passive and active recreation areas. There is a historic bowling green, tennis courts, basketball courts, a playground, picnic areas, and a gazebo. The park hosts many entertainment functions throughout the year. Public beaches and a historic bath-house and pavilion are located across the Boulevard at the bottom of the park. It contains groves, expansive lawns, and three historic structures, one of which has been rehabilitated for use as a Community Center. The park, the bath houses, and pavilion make up the Hazelwood Park National Historic Register District.

### Buttonwood Park

**Located on Rockdale Ave.**

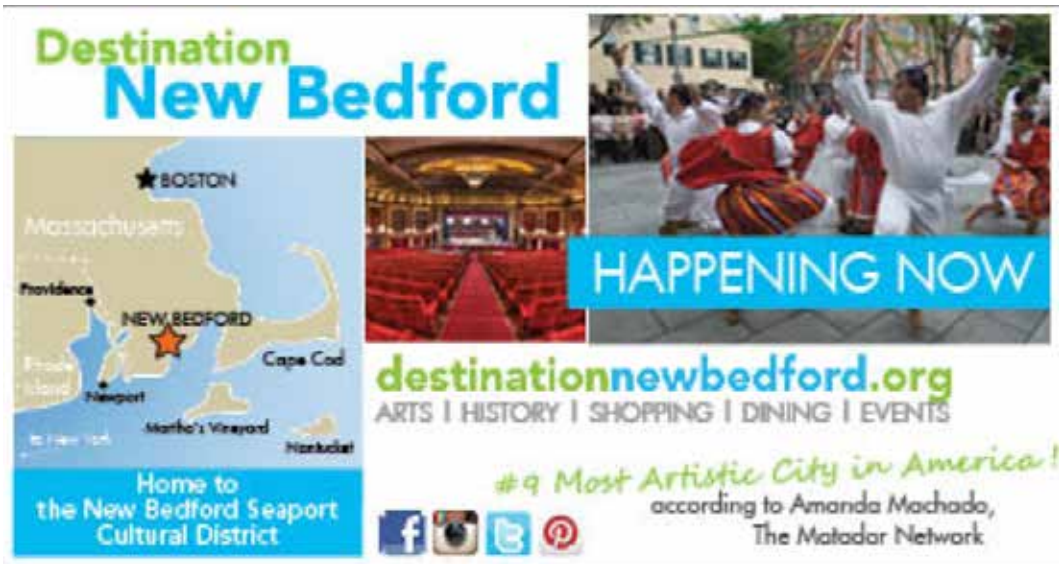
This 97 acre multi-use park was initially planned in the 1890's by Charles Eliot of the famous landscape architectural firm of Olmstead, Olmstead and Eliot. Comprised of both active and passive recreation areas; with forest, fields and a large pond, it is also home to one of the finest small zoos in the country. Retaining its historic landscapes, the park is a National Historic Register District, and has evolved to meet the needs of the community; with ball fields, tennis courts, a universal accessible playground, a Community Center, library, and walking paths. The brand new basketball courts are a major attraction.

### Brooklawn Park

**Located on Acushnet Ave.**

This 85 acre park is a multi-use complex with baseball and softball fields, basketball and tennis courts, a skate park, playground, splash-pad, and nature trails. In an effort to remove himself from the bustle of the city's center, the prominent New Bedford Quaker, Daniel Ricketson built a country estate in what is now Brooklawn Park. Literary greats, such as Henry David Thoreau and Ralph Waldo Emerson, often visited Ricketson at his estate. Responding to the needs of a rapidly growing population due to the success of the textile industry, this land became a city park at the end of the 19th century.

# Other Sponsors



THANK YOU TO OUR SPONSOR AND PARTNERS

MONTANA STARS FOUNDATION

THE HOME DEPOT

Stop&Shop

Community Development Block Grant

**The Andrea McCoy Recreation Center is a lender of the MassParks Pass, available to residents of New Bedford.**
The park pass entitles the bearer to free parking for one vehicle (excluding buses or vans) at over 50 facilities in Massachusetts state parks system that charge a day-use parking fee. The pass must be returned to the Andrea McCoy Recreations Center within 24 hours of use. If the pass is stolen or lost, the borrower is responsible for replacing the tag. To borrow the pass, the individual borrowing must complete a membership form and show proof of residence. For more information about the mass facilities, visit www.mass.gov/dcr.

dcr Massachusetts

# New Bedford Parks and Recreation presents:

# Tropical Costa Rica

**The Department of Parks, Recreation & Beaches works year round to provide unique recreational opportunities to the residents of New Bedford, as well as those living in surrounding communities. This year we decided to take things one step further. After teaming up with Collette Travel, we are now offering a unique, and once in lifetime opportunity for our communities members to visit beautiful Costa Rica. With trips filling quickly and over a year to plan, we encourage you to treat yourself to a little piece of paradise. *Don't wait. Contact India Russell-Pena, Recreation Manager, at 508-961-3015 for more information on this great offering.***

**Day 1: Monday, October 10, 2016** San Jose, Costa Rica - Tour Begins Lush forests and stunning waterfalls...exotic wildlife and endless coastlines...Costa Rica is truly a slice of paradise. Your tour begins in the colorful capital city of San Jose. Upon arrival, relax and soak up the sights of your new surroundings.

**Day 2: Tuesday, October 11, 2016** San Jose - Doka Coffee Estate - Guanacaste Journey through the lush countryside of the Central Valley to the fertile region world-renowned for its coffee. A tour of the Doka Coffee Estate highlights the history and cultivation of coffee and its importance to the Costa Rican economy. This afternoon, arrive in the Guanacaste region, known for its breathtaking beauty and fine sandy beaches. Here, rest and relaxation go hand-in-hand with mesmerizing ocean views and lush tropical greenery. Settle in for a relaxing two-night stay at your resort. (B, D)

**Day 3: Wednesday, October 12, 2016** Guanacaste Fun in the sun is in store for you as you enjoy this paradise. Explore the nearby town and beaches, take an optional cruise, or simply relax by the pool or beach and take advantage of the amenities offered at your lovely resort. (B)

**Day 4: Thursday, October 13, 2016 Guanacaste** - Monteverde You won't believe your eyes as you travel into the secluded Monteverde Cloud Forest, where trees grow to heights of 100 feet! Upon arrival in Monteverde, take a nature walk through this spectacular ecosystem and encounter many incredible species of flora and fauna up-close. This forest is the home of the world's largest population of the endangered quetzal, celebrated for its gorgeous jewel-toned plumage. Keep your eyes peeled and you may be lucky enough to spot this elusive bird! (B, D)

**Day 5: Friday, October 14, 2016** Monteverde Begin your day at Selvatura Park, a cloud forest reservein the heart of Monteverde. Venture into an enchanting, colorful world as you explore one of the world's largest butterfly gardens with more than 30 species of tropical butterflies. Next, be dazzled in a nearby gallery containing more than 100 beautiful hummingbirds. Embark on a guided walking tour above the forest floor on a leisurely paced "Hanging Bridges" tour and get a different perspective on the cloud forest's unique ecosystem, its mammals, birds, plants and flora. If you are feeling adventurous you may take an optional canopy zip-line tour. This evening, learn many interesting facts from a local expert regarding the migratory birds that flock to Costa Rica every year. (B, D)

**Day 6: Saturday, October 15, 2016** Monteverde - Lake Arenal Cruise - Arenal Discover the importance of conservation in Costa Rica during a visit to a tree nursery and learn about Monteverde's reforestation efforts of indigenous trees. Traverse through the beautiful mountainous landscapes of Monteverde to Arenal, where breathtaking views of the volcano await you. Be surrounded by tranquility on a delightful cruise on Lake Arenal, the largest and most important lake in Costa Rica. Later, check in for a two-night stay at a typical lodge overlooking the majestic Arenal Volcano which has been generating lava for the past 30 years. Before dinner, enjoy a cooking demonstration and learn how native, exotic vegetables and plants contribute to the unique flavors of Costa Rican cuisine. (B, D)

**Day 7: Sunday, October 16, 2016** Arenal - Cano Negro - Arenal Of all Costa Rica's nature preserves, the remote 20,000 acres of Cano Negro are home to the largest viewable selection of indigenous wildlife. Embark on a Cano Negro guided river boat trip in a panga (covered canoe), stopping along the way to observe and photograph the wildlife that surround you which may include crocodiles, river otters, sloths, river turtles, exotic birds and rare butterflies — all known to live in the area. The Arenal Volcano area is also known as the land of spas and hot springs. Later in the day you will have an opportunity to attain a state of complete relaxation with an optionalvisit to one of the finest spas in the region. (B)

**Day 8: Monday, October 17, 2016** Arenal - Zarcero - Grecia - National Theatre - San Jose Discover the charming town of Zarcero and visit its well-known whimsical topiary garden. Continue to the small, picturesque town of Grecia to see the unusual metal church constructed of brick-red metal panes; walk the beautifully landscaped central park; or shop at the traditional local market. Later, visit San Jose's colorful Plaza de Cultura and the National Theatre, a magnificent building of post-Baroque splendor. This evening enjoy a wonderful farewell dinner. (B, D)
Day 9: Tuesday, October 18, 2016 San Jose - Tour Ends Today you depart for home with fabulous memories of your adventure in Costa Rica. (B)

# CITY OF NEW BEDFORD
# PARKS, RECREATION & BEACHES
## Membership and Program Registration

Please complete all information requested on the registration form.
Only Parent or Legal Guardian can sign for their child.

| | | |
|---|---|---|
| First* | MI | Last* |
| DOB* | Gender* Male / Female | Barcode # |
| Address* | | |
| Zip* | City/ Town* | State* |
| ☐ Resident ☐ Non-Resident | | |
| Home Phone* ( ) - | Cell Phone * ( ) - | Text ☐ opt in ☐ opt out |
| Email | Email ☐ opt in ☐ opt out | |
| Emergency contact name* | | |
| Relationship to applicant* | Phone * ( ) - | |
| Other Physical / Medical Needs* | | |

The following statistical information is used for grant purposes only and all individual information provided will remain anonymous.

| Income Level | 1 person | 2 person | 3 person | 4 person | 5 person | 6 person | 7 person | 8 person |
|---|---|---|---|---|---|---|---|---|
| Extremely Low Income | 0-12,550 | 0-15,730 | 0-19,790 | 0-23,850 | 0-27,910 | 0-31,970 | 0-36,030 | 0-39,350 |
| Very Low Income | 12,551-20,900 | 15,731-23,850 | 19,791-26,850 | 23,851-29,800 | 27,911-32,200 | 31,971-34,600 | 36,031-37,000 | 39,351-39,350 |
| Low Income | 20,901-33,400 | 23,851-38,200 | 26,851-42,950 | 29,801-47,700 | 32,201-51,550 | 34,601-55,350 | 37,001-59,150 | 39,351-63,000 |
| Over Income | 33,401-over | 38,201-over | 42,951-over | 47,701-over | 51,551-over | 55,350-over | 59,151-over | 63,001-over |

Income Limits required by the U.S. Dept. of Housing & Urban Development – *please circle one*.

Ethnicity: (*select one only)* ____ Hispanic or Latino ____ Not Hispanic or Latino

Race: (select *one)*

____ White
____ Black /African American
____ Asian
____ American Indian/Alaskan Native
____ Native Hawaiian/Other Pacific Islander
____ Asian & White
____ Black/African American & White
____ Am. Indian/Alaskan Native & Black/African Am
____ Other Multi-Racial_
____ Asian/Pacific Islander

____Other: *(select all that apply)*
____ Seniors (62 years or older)
____ Handicapped or Disabled
____ Female Head of Household
____Minors (up to age 18)

| Class Name | Name of Participant | Cost |
|---|---|---|
| | | |
| | | |
| | Total | $ |

**Waiver**: In consideration of this application and/or the right to participate in this activity, I or my child, release the City of New Bedford, its employees, agents, representatives, and other persons or organizations for whose conduct the City may be responsible from any and all liability, loss damage, costs, claims and/or causes of action, including but not limited to all bodily injury claims and property damage resulting from or arising out of the use of premises, facilities, or equipment of the City of New Bedford, and/or caused in any way by the City of New Bedford, its employees, agents, representatives, and other persons or organizations for whose conduct the City may be responsible. I and/or my child are in the necessary physical condition to participate in the registered activity. I authorize the staff to seek emergency medical care on my behalf or on behalf of child if needed. I will assume all costs associated with any such treatment. I have been informed of the program's policies, including the refund policy, if applicable. I fully understand this waiver and voluntarily accept its terms. I certify, under the penalties of law, this information is correct and I understand that the information I have provided on my family income is subject to verification by authorized representatives of the City of New Bedford Office of Housing and Community Development, and the U.S. Dept of Housing and Urban Development. This information will be kept confidential and used for funding monitoring purposes only.

Parent/Guardian Signature * : Date:

Office Use Only Below This Line

Notes: Residency Verification: D.L. ____ State I.D. ____ School I.D. ____ Other (*specify*) _____

*Staff initial* _____

(*) Denotes required fields for present members. Non-members must complete the entire form.

## Policies and General Information

LET'S MOVE! America's Move to Raise a Healthier Generation of Kids

Program Registration

Registrations will be accepted until the program is full prior to the start date. All forms must be filled out completely or they will not be accepted.

Program Age Requirements

Participants must be of noted age or grade by the first day of the program in which they are enrolled.

Payment

For programs that have a fee associated the payment is due at the time of registration, acceptable form of payment is a check or money order made payable to CITY OF NEW BEDFORD. A fee of $25 will be charged to any check returned for insufficient funds. No new registration of programming will be allowed until the $25 fee is paid.

Program Course Confirmation

No confirmations are sent out. A participant is registered only when payment is received, unless the department notifies you otherwise.. We will only notify you if there are any problems.

Refunds

All programs are non-refundable, unless the department cancels a program.

Non-Residents

For some programs non-residents may register if space allows.
Additional fees will be charged.

Personal Belongings

Please do not bring any valuables, toys or games to our programs. The department is not responsible for lost or stolen items. To be safe, leave articles at home unless necessary for the program.

Photo Policy…Smile ☺

New Bedford Parks, Recreation & Beaches and/or press take pictures and video on occasion of participants for publicity purposes and for local cable. If you don't want to have you and/or your child photographed, please let us know. By signing this form you are authorizing the departments use of your photo.

Additional Parent/Guardian Responsibilities

It is the responsibility of the parent/guardian to notify the Parks, Recreation & Beaches office if there are any orders, ie. restraining, no contact, etc. currently issued. Your child's safety is of the utmost importance to us.

If your child is walking or using public transportation to or from our programs please notify us. Additional permission slip may need to be on file.

Participants who continually exhibit behavioral and /or discipline problems will be subject to suspension and /or termination from the program. Please review the Participants Responsibilities for more information.

Participants Responsibility

We ask that all participants respect the staff, other participants, age requirements, and the equipment. Please refrain from causing bodily harm to others and from using foul language. Additional rules will be announced at each program. Youth programs require the same code of conduct as is expected during school hours. If a participant fails to cooperate with the rules, the Director reserves the right to dismiss or suspend a participant in any program without a refund of fees.

New Bedford Parks, Recreation & Beaches is not a day care, after-school care program or babysitting service. Please read and understand the policies. If they are unclear to you, please ask questions. ALL participants must pre-register for ALL programs. Please be on time dropping off and picking up children from their programs. Failure to do so will result in additional cost penalties or suspension from programming.

Weather Cancellations

When city offices are closed due emergencies or weather conditions, all Recreation Department programming will be cancelled for the entire day. If a storm develops later in the day please call the Parks, Recreation & Beaches office for an update.

Special Needs & Medication

Children and adults with special needs are encouraged to participate in recreation programs. Staff members are sensitive to your needs and will do everything possible to assist you. If you are interested in participating in a program, please contact the office to discuss to program details and accommodations necessary for the success of your child's participation.

Please review the medication policy for summer day program if applicable.

Program Policies

All programs are offered to New Bedford residents on a first come, first serve basis. New Bedford Parks, Recreation & Beaches reserves the right to cancel or consolidate any program that does not meet the minimum participation registration numbers. Remember nothing terminates a program faster than waiting until the last minute to register. Avoid disappointment and register promptly.

Carefully read each program description you are interested in to see specific rules and regulations regarding your desired program.

Internet Usage Policy

The New Bedford Parks, Recreations and Beaches only provide access to the internet. The department cannot control and is not able to monitor any information on the Internet for either content or accuracy. The user is the ultimate judge of appropriateness, usefulness and value of all material accessed. In the case of minors, this responsibility rests with their parents or legal guardians. The New Bedford Parks, Recreations & Beaches are not responsible for any negative consequences that may occur as a result of the recreation center internet connection. In the case that the internet is being used inappropriately, the user will receive three warnings before their rights to usage and membership are revoked.

# Reserve Your Event!

*Wedding Ceremonies*
*Birthday Parties*
*Work/Company Events*
*Conferences*
*Family Reunions*
*Much more!*

Please call to inquire about any and all of our locations for any rental.
The city has some of the best locations and best rates around!

## FORT TABER COMMUNITY CENTER
## BUTTONWOOD PARK COMMUNITY CENTER
## BROOKLAWN PARK COMMUNITY CENTER
## ANDREA MCCOY RECREATION CENTER
## MANY OTHER LOCATIONS!

**Call PRB - (508) 961-3015**
**or email Shawnie Reynolds.**
**Shawnie.Reynolds@newbedford-ma.gov**

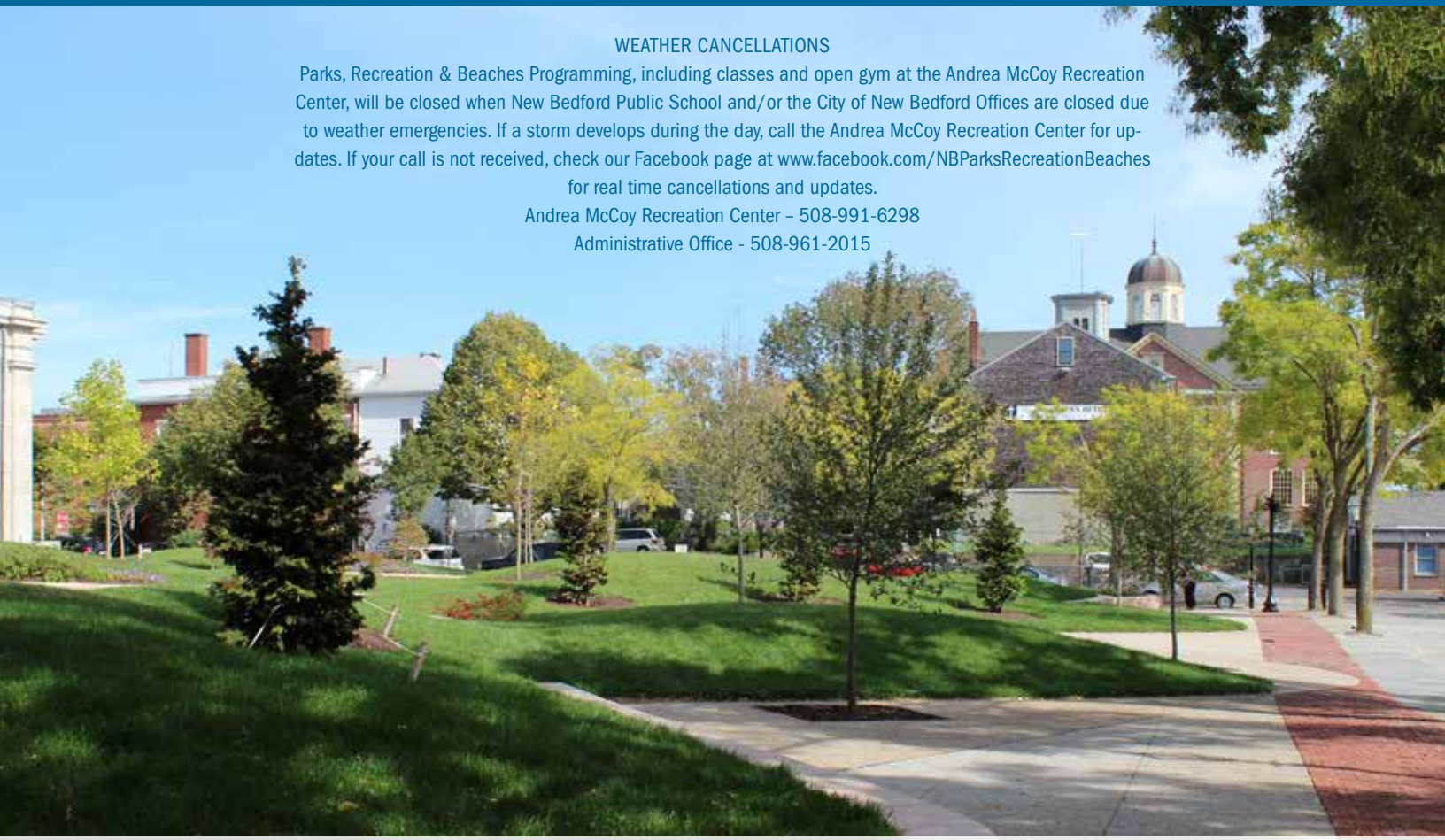
## Give the Gift of Fun and Fitness with a
# Gift Certificate OR Sponsorship
## to one of our programs!!

***Thank you in advance for helping to promote Fun and Fitness!***

A Gift Certificate can be given to a son, niece, grandchild or neighbor as a great gift of an experience that they can enjoy and build on. You will receive a Gift Card for you to give to the recipient.

A Sponsorship is a Gift to a child in need in our City. We will select a child for you who could not attend class without your help. You can choose the class or allow the receiving child to choose it themselves.

Our Sponsorship Program allows children in need of financial aid to participate in Andrea McCoy activities and afterschool programming. With your donation, we will access the needs of our applicants and reward the sponsorship for you. You may donate towards a specific class, or allow the recipient to choose. No contribution is too small. Start investing in our future today.



WEATHER CANCELLATIONS

Parks, Recreation & Beaches Programming, including classes and open gym at the Andrea McCoy Recreation Center, will be closed when New Bedford Public School and/or the City of New Bedford Offices are closed due to weather emergencies. If a storm develops during the day, call the Andrea McCoy Recreation Center for updates. If your call is not received, check our Facebook page at www.facebook.com/NBParksRecreationBeaches for real time cancellations and updates.

Andrea McCoy Recreation Center – 508-991-6298

Administrative Office - 508-961-2015

**Administrative Offices of Parks, Recreation and Beaches**
181 Hillman St., Bldg 3
New Bedford, MA 02740
Phone: 508-961-3015
Fax: 508-991-6175 / email: infoPRB@newbedford-ma.gov

**Andrea McCoy Recreation Center**
181 Hillman St.
Phone: (508) 991-6298

**Like us on Facebook – New Bedford Parks, Recreation and Beaches**